

# *Die **AWG**-Information: OV-Frequenzen*



**Aktivitätsgruppe Wolfsburg Gifhorn**

## OV-Frequenzen

Auf den nachfolgenden Seiten haben wir die OV-Frequenzen aller DARC- und VFDB-Ortsverbände zusammengestellt (soweit bekannt). Sie zeigen Ihnen im Urlaub oder bei einer Dienstreise, welche Frequenzen die ansässigen Funkamateure vorzugsweise benutzen.

Bei den angegebenen QRGs handelt es sich um die „Treff“-Frequenzen, auf denen mit höherer Wahrscheinlichkeit als anderswo ein OV-Mitglied erreichbar sein wird.

Ergänzungen und Korrekturen teilen Sie uns bitte mit:  
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Sollten Sie mit ihrem Anruf nicht erfolgreich sein, probieren Sie es auch auf einer der nachfolgend aufgeführten Frequenzen:

Band	FM Anruf	FM Simplex	FM Relais
2m 144-146 MHz	145,500 [V40]	(144,500-144,800) 145,2125-145,5875 [V17-V47]	145,600-145,7875 (-0,6) [RV48-RV63]
70cm 430-440 MHz	433,500 [U...]	430,0125-430,350 [U001-U028] 433,050-434,775 [U244-U382]	438,650-439,425 (-7,6) [RU692-RU754]
23cm 1240-1300 MHz	1297,500	1297,500-1297,975 [SM20-SM39]	1242,025-1242,700 (+28) [RS01-RS28] 1297,000-1297,475 (-35) [RM0-RM19] 1298,025-1298,700 (-28) [RS01-RS28]
13cm 2320-2450 MHz		2321,000-2322,000 [R12-R14]	2366,425-2366,475 (-45) [R12-R14]
6cm 5,65-5,85 GHz			
3cm 10,010,5 GHz			
1,2cm 24,0-24,25 GHz			

Auf die Auflistung von CW-, SSB- und anderen Anruffrequenzen haben wir verzichtet, weil Sie ja entweder doch nur ein FM-Gerät dabei haben oder die Frequenzen ohnehin kennen.

Frequenzen der UKW-Relais entnehmen Sie bitte einer Relaiskarte.

DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Baden "A"</b>							Stand:
A01	Konstanz	145,600R	145,500				
A02	Bruchsal	144,725		433,550	438,675R		
A03	Baden-Baden	145,250		433,250		1298,450R	
A04	Bühl	144,575		430,325			
A05	Freiburg	144,550	145,750R				
A06	Heidelberg	145,350	145,625R				
A07	Karlsruhe	145,675R					
A08	Lahr	145,775R		439,400R		1297,550	
A09	Dreiländereck	145,450	145,7125R				
A10	Mannheim	144,775		439,025R			
A11	Offenburg	145,500					
A12	Pforzheim	145,250	145,650R	439,375R			
A13	Hochrhein-Klettgau	145,350		439,200R			
A14	Schwarzwald	145,325	145,7875R	439,325R		1298,325R	
A15	Renchtal	145,450		438,775R			
A16	Emmendingen	145,750R	145,475				
A17	Bad Säckingen	144,825		439,425R	438,025		
A18	Furtwangen	145,275	145,7875R				
A19	Odenwald	145,500	144,800	438,825R			
A20	Weinheim	144,625		434,825			
A21	Hochschwarzwald	145,675R					
A22	Kraichgau	144,825		439,150R			
A23	Taubertal	145,275		433,300			
A24	Ettlingen	145,475					
A25	Singen	145,250					
A26	Rastatt	144,900	145,350				
A27	Pfingzgau	144,550		438,875R	437,975	1293,300R	
A28	Haslach/Kinzigtal	145,575		439,000R			
A29	Buchen	145,4625	145,500	439,825			
A30	Kehl	145,550		430,375			
A31	Überlingen	144,775	145,750R				
A32	Waldkirch	145,750R	145,325	430,325			
A33	Kaiserstuhl	145,750R					
A34	Titisee	144,5875					
A35	Durlach	145,325		433,325	438,950R	1259,200R	1297,325
A36	Bretten	145,450		438,675R			
A37	Dachsberg-Todtmoos	145,265	145,675R				
A38	Bodensee	144,650		430,025			
A39	Altlußheim	145,400					
A40	Rheinstetten	145,425					
A41	Ladenburg	144,525		434,525			
A42	Messkirch	145,350					
A43	Eberbach	145,415		430,425	438,725R	1298,425R	
A44	Markdorf	145,425					
A45	Madonnenland	145,500					
A46	Tauber-Franken	145,575		439,000R			
A47	Markgräfler Land	145,450		433,450	439,175R	1298,350R	
A48	Pfullendorf	145,225	145,625R	434,000			
A50	Murgtal	145,575	145,500	439,225R		1298,450R	
A51	Die Rassler	144,800		434,000			
A52	Baar	145,550					
A53	Philippsburg	144,575		430,100			
Z06	Freiburg	145,750R					
Z09	Karlsruhe	145,675R					
Z26	Offenburg						
Z29	Konstanz	145,600R		439,200R			

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Franken "B"</b>					Stand: 10/2006
B01	Fürth	145,400		430,375	
B02	Ansbach	145,550		439,400R	
B03	Marktredwitz	145,775R			
B04	Aschaffenburg	145,400		434,800	
B05	Bamberg	145,625R		438,325	1298,650R
B06	Bayreuth	145,275	145,600R	438,800R	
B07	Kulmbach	145,450			
B08	Erlangen	144,825	145,550	439,125R	
B09	Hof	145,525			
B10	Bad Neustadt/Saale	145,350		433,500	
B11	Nürnberg-Süd	145,475	145,650R	438,650R	
B12	Hersbruck	145,425		430,425	
B13	Schwabach	145,550		432,725	028,400
B14	Schweinfurt	145,550		438,950R	
B15	Selb	145,375			
B16	Neustadt/Aisch	145,250			
B17	Würzburg-Nord	145,525	145,675R	438,850R	
B18	Würzburg	145,675R	145,525	438,850R	
B19	Coburg	145,700R	145,375	439,700	
B20	Weissenburg	145,425	145,500	434,425	
B21	Kronach	145,350		438,725R	
B22	Feuchtwangen	145,400			
B23	Naila	145,225		439,150R	
B24	Miltenberg	144,825		439,175R	
B25	Nürnberg-Nord	145,450	145,750R	438,750R	
B26	Forchheim	145,575		430,200	
B27	Höchstädt/Aisch	145,500			
B28	Lichtenfels	144,725		439,025R	1298,400R
B29	Ochsenfurt	144,725		433,375	
B30	Schwarzachtal	145,375		430,950	
B31	Uttenreuth	144,550		433,550	
B32	Pegnitz	145,475			
B33	Eckental	145,325			
B34	Lauf	145,275		430,275	
B35	Main-Spessart	144,775		439,050R	
B36	Ebrachtal	145,525		433,525	439,300R
B37	Hassberge	145,550		438,675R	
B38	Fränkische Schweiz	144,775			
B39	Helmbrechts	145,250			
B40	Herzogenaurach	144,650		433,300	
B41	Eichstätt	144,725		439,175R	
B42	Bad Kissingen	144,425		433,425	1298,575R
B43	Hohe Rhön	145,450		433,500	
	IG-Funk Uni Erlangen	144,825			
	G.S.Ohm-FH Nürnberg	145,450			
Z15	Nürnberg	145,225			
Z42	Bayreuth	145,300			
Z51	Bamberg	145,325			1298,650R
Z52	Würzburg	145,325			1258,750R
Z61	Ansbach	145,550		439,400R	

DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Oberbayern "C"</b>							Stand: 10/2006
C01	Vaterstatten	145,350		433,350			
C02	Waldkraiburg	145,625R	145,500	438,750R			
C03	Garmisch-Partenkirchen	145,500					
C04	Freising			438,800R			
C05	Ingolstadt	145,250	145,500	433,500			
C06	Dachau	145,425		430,425			
C07	Isarwinkel	145,450		430,500	438,650R		
C08	Oberland	145,325	144,725				
C09	Munchen-Land	144,725		432,750			
C10	Hausham	145,400		439,075R			
C11	Munchen-Ost	145,375		433,375			
C12	Munchen-Nord	145,250					
C13	Munchen-West	145,400	145,625/750R	430,400			
C14	Rosenheim	145,275		433,275	438,700R 439,100R		
C15	Inn/Salzach	145,5375		438,750R			
C16	Traunstein	145,375		439,125R	433,375		
C17	Wurmsee	145,325					
C18	Munchen-Sud	145,300	145,750R	438,950R			
C19	Moosswaige-Germering	144,800		433,1125	430,800		
C20	Pfaffenwinkel	144,800		438,600R	434,775		
C21	Landsberg/Lech	145,375		433,375			
C22	Pfaffenhofen/Ilm	145,250	145,600R	439,025R			
C23	Ammersee	144,5875		433,025	439,300R		
C24	Ebersberg	145,475		433,100			
C25	Erding	145,525					
C26	Eching	145,325		433,325			
C27	Berchtesgadener Land	145,525		438,875R			
C28	Furstenfeldbruck	145,275		433,275			
C29	Wasserburg/Inn	144,400SSB		438,700R	433,100		
C30	Wurmtal	144,650		430,775			
C31	Mangfalltal	144,6375		430,300			
C32	Ismaning	144,575		430,325			
C33	Isartal	144,525					
C34	Munchen-Harlaching	145,225		430,225		1297,800	
C35	Alztal	145,500	144,7375	439,125R			
C36	Schongau	145,475					
C37	Herrsching	144,625		434,575	439,1375R		
Z13	Munchen						
Z57	Traunstein						
Z67	Munchen-West						

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Berlin "D"</b>					Stand: 3/2009
D01	Charlottenburg	144,725			
D02	Kreuzberg	145,400			
D03	Neukölln	145,550			
D04	Reinickendorf	145,450		430,450	
D05	Schöneberg	145,350			
D06	Spandau	144,600			
D07	Steglitz	145,750R			
D08	Tempelhof	144,525	144,550		
D09	Tiergarten	144,550			
D10	Wedding	145,525		433,525	
D11	Wilmersdorf	145,425		430,425	
D12	Zehlendorf	145,225	145,700R		
D13	Märkisches Viertel	145,275			
D14	Lichtenrade	144,775		430,125	
D15	Prenzlauer Berg 1	144,825			
D16	Pankow	145,450			
D17	Berlin-Mitte	144,675		430,425	439,425R
D18	Prenzlauer Berg 2	144,750			
D19	Friedrichshain	145,375			
D20	Hohenschönhausen	144,650		439,250SMB	
D21	Köpenick	144,675	145,725R	430,075	
D23	Freunde des CCC				
D24	Berl. Interessengruppe ATV	144,750			
D25	Treptow	145,725R	145,475		
D26	Lichtenberg	145,725R	145,575	433,575	
D27	Marzahn-Hellersdorf	145,325			
	UKW-Berlin "Aub"	145,425		433,425	1297,425
	AJW-Referat Berlin	145,325	145,300 145,7625R		
Z20	Berlin	144,800	144,575		

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Hamburg "E"</b>					Stand: 7/2009
E01	Cuxhaven	145,650R		439,375R	
E02	Hamburg	144,525		439,800	438,850R
E03	Lübeck	145,525		438,900R	
E04	Stade	144,725		438,800R	
E05	Lüneburg	145,350		438,575R	438,775R
E06	Sachsenwald	145,450		430,450	
E07	Harburg	145,260		438,250	
E08	Bad Oldesloe	145,425		430,525	
E09	Ahrensburg-Gr.Hansdorf	144,750		432,750	
E10	Welcome Point	145,350		430,350	
E11	Bäderstrasse	145,575			028,575
E12	Norderstedt	145,325		430,325	028,325
E13	Hamburg-Alstertal	145,550		430,275	
E14	Hamburg-Ost	144,725		430,175	
E15	Pinneberg	145,375		433,375	
E16	Hamburg-Nord-West			430,575	
E17	Tostedt			439,125R	
E18	Bergedorf	145,450		439,450	28,450
E19	Buxtehude	144,575		430,150	
E20	Insel Helgoland	145,500			
E21	Bucholz	145,475		433,475	
E22	Süderelbe	144,550		430,075	1296,550
E23	Trave	145,290		433,050	
E24	Barger Au	145,350			
E25	Bargteheide	144,750			
E26	Hamburg Oberalster	145,575		434,575	028,888
E27	Hamburg-Flughafen			438,850R	
E28	Hammonia	145,425			
E29	Hamburg-Teufelsbrück	145,575		430,550	
E30	Herzogtum Lauenburg	144,625		438,550R	
E31	Hamburg-Eilbek	145,425		430,375	1297,575
E32	Wingst	145,375			28,400
E33	Winsen/Luhe	145,240			
E34	Lüneburg-Ilmenau			430,350	438,575R
E35	Scharbeutz	144,575		439,075R	
E36	Vierlande	144,675			
E37	Finkenwerder	145,400		430,150	
E38	Süd-Stormarn	145,2125			
E39	Ratzeburg	145,225		439,400R	
Z07	Hamburg	144,775		434,775	
Z24	Winsen/Luhe	145,425		434,975	
Z27	Harburg	145,260	145,2875	430,150	1297,500
Z28	Lohbrügge	144,800			
Z50	Hamburg-West	144,7625		439,475	1297,950
Z56	Lübeck				
Z70	Hamburg-Ost	144,825			
Z72	Elmshorn	145,275		430,125	
Z73	Cuxhaven				

DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Hessen "F"</b>							Stand: 10/2003
F01	Arolsen	145,250	144,5625	433,250			
F02	Bergstrasse	145,500		430,300			
F03	Darmstadt	144,690					
F04	Gelnhausen	145,375		439,275R			
F05	Frankfurt	144,725		434,725		1297,725	028,725
F06	Fulda	145,550	145,6375R	438,875R			
F07	Giessen	144,725		433,025			
F08	Gross-Gerau	145,450		430,300			028,800
F09	Hanau	145,350		430,350	439,400R		
F10	Hoher Meissner	145,225		439,250SMB			
F11	Bad Homburg	145,475		430,175			029,200
F12	Kassel	145,350	145,775R	438,850R			
F13	Kronberg	144,525		430,525			
F14	Limburg	145,375		433,320			
F15	Marburg	145,525		438,950R			
F16	Mörfelden/Rüsselsheim	145,5625		430,200			
F17	Wetterau	145,525		430,100			
F18	Usingen	144,675		430,275			028,860
F19	Wetzlar	145,325		438,650R			
F20	Wiesbaden	145,450		430,150	439,325R		
F21	Ederbergland	145,575		433,575	438,825R	1297,575	
F22	Idstein	145,215		438,775R	433,575		
F23	Offenbach	145,275		439,350R			
F24	Lampertheim	145,250		430,025			
F25	Lauterbach	145,425		430,325			
F26	Dillenburg	144,550					
F27	Main-Taunus	144,780	145,750R	432,775			
F28	Eschwege	145,485	145,650R	434,150	439,050R		
F29	Dreieich	144,650		433,450			
F30	Heusenstamm	145,425		433,425			
F31	Nidderau	145,250		430,250			
F32	Hersfeld-Rotenburg	145,375					
F33	Vogelsberg	145,4125		430,350			
F34	Schwalm-Knüll	144,650	145,700R	439,000			
F35	Mümlingtal	145,775R	145,300	430,100	434,750		028,600
F36	Melsungen	145,575		430,275			
F37	Rheingau	144,875		430,025		1293,750R	028,875
F38	Seligenstadt	145,450		439,075R			
F39	Ober-Ramstadt	145,475					028,695
F40	Großkrotzenburg	145,575		439,575			
F41	Baunatal	145,525					
F42	Griesheim	145,6625R		438,800R			
F43	Eschborn	145,375		439,375R			
F44	Rhein-Main	144,550		438,975R			
F45	Babenhausen	145,2125		433,225			028,835
F46	Weilburg						
F47	Korbach	145,375					
F48	Hattersheim	144,575					
F49	Frankfurt-West	145,300		439,425R	431,975		
F50	Überwald	145,575					
F51	Wächtersbach	145,500		439,125R			
F52	Bad Wildungen	145,550					028,500
F53	Taunusstein			434,950	439,325R		
F54	Rodgau	145,225		433,025			028,400
F55	Alsfeld	145,3625		433,350			
F56	Gross-Umstadt	145,835					
F57	Frankfurt-Nord	145,550		439,425R			
F58	Wiesecktal	145,400		434,400			
F59	Mühlheim	144,575		430,050			
F60	Gernsheim	145,400					
F61	Niddatal	145,2875		430,325	439,100R		
F62	Büdingen	144,650					
F63	Steckelsburg	145,475		438,875R	433,475	1298,625R	
F64	Schiffenberg	145,450		434,275		1298,250R	
F65	Rodenbach	145,575		433,575			
F66	Weiterstadt	144,6125		430,125			
F67	Aulatal	145,275	145,700R	430,275	439,000R		029,250
F68	Münster-Hessen	144,765		433,765			
F69	Bad Hersfeld-Stadt	145,525	145,6125R	439,350R			
F70	Fritzlar	145,425		430,100			
F71	Butzbach	144,775		431,900			
F72	Vorderrhön	145,450					
F73	Vellmar	145,350		434,350			
F74	Dornburg	145,2625		433,400			
F75	Schöneck	144,625		434,625	438,700R	1297,625	
Z05	Frankfurt	145,425					
Z21	Darmstadt	145,775R		434,000			
Z25	Kassel	145,475					
Z33	Giessen						
Z54	Wiesbaden						
Z62	Fulda	145,550					



DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Köln-Aachen "G"</b>					Stand:
G01	Aachen	145,550		433,450	
G02	Alsdorf	145,475			
G03	Bonn	145,825	145,700R		
G04	Düren	145,325			
G05	Eschweiler	145,425		430,425	
G06	Euskirchen	144,5875		439,950	
G07	Gummersbach			439,025R	
G08	Bad Godesberg				
G09	Bad Honnef	144,825			
G10	Köln	144,775			
G11	Leverkusen	145,575		433,575	
G12	Porz	145,250			
G13	Selfkant	145,350		433,350	
G14	Herzogenrath	145,375			
G15	Siegburg	145,340		433,500	
G16	Jülich	145,500	-145,575	439,375R	
G17	Rösrath			430,400	
G18	Rurland	144,775		439,825	
G19	Bergisch Gladbach	145,325			
G20	Bergheim/Erft 2	144,370		439,100R	
G21	Dormagen	145,500			
G22	Gemünd			438,950R	
G23	Meckenheim	145,275			
G24	Köln-Deutz	144,525			
G25	Siebengebirge	145,500			
G26	Nordeifel	144,800			
G27	Troisdorf	145,375		430,375	
G28	Berg-Mark	145,350			
G29	Kerpen	145,500			
G30	Stolberg				
G31	Brühl	145,275			
G32	Windeck	145,275			
G33	Bonn-Hardtberg	145,250		430,550	
G34	Bergisch Neukirchen			433,350	
G35	Köln-Nord	145,4375		434,975	
G36	Erftstadt	145,250		431,975	
G37	Wesseling	145,550			
G38	Wegberg	145,525			
G39	Köln-West	144,800			
G40	Pulheim	144,575			
G41	Heimbach	145,525			
G42	Kreuzau	144,535			
G43	Wahnbachtal	145,400			
G44	Köln-Dellbrück				
G45	Aachen-Burtscheid	144,8125			
G46	Swisttal				
G47	Würselen	144,575			
G48	Königswinter	145,225			
G49	Wurmtal	145,400			
G50	Hürth	144,575			
G51	Aquesgranum (Aachen)	144,800			
G52	St.Augustin			433,525	
G53	Niederkassel	145,475			
G54	Eitorf	144,550		433,550	
G55	FA-Ausw.Amt Bonn			439,050R	
Z12	Köln	145,525			
Z32	Aachen	144,825			
Z37	Bonn	145,325			

DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Niedersachsen "H"</b>							Stand: 5/2009
H01	Alfeld/Leine	144,550					
H02	Walsrode	145,250	145,475	433,475			
H03	Braunschweig	145,450					
H04	Bückeburg	144,625		430,200			
H05	Celle	145,475		439,275SMB			
H06	Clausthal-Zellerfeld	145,375	145,725R	438,725R			
H07	Fassberg	145,700R		438,600R			
H08	Gifhorn	145,425					
H09	Goslar/Harz	144,625		430,050			028,345
H10	Göttingen	145,550	145,750R	438,700R			
H11	Bad Harzburg	144,700					
H12	Hameln	144,900		439,500			
H13	Hannover	145,275		430,275			
H14	Hannoversch-Münden	145,450					028,990
H15	Hildesheim	145,575		430,575		1297,575	
H16	Holz Minden	145,500					
H17	Nienburg/Weser	145,350		439,100R	430,350		
H18	Northeim	145,600R					
H19	Osterode/Harz	145,450		439,175R			
H20	Peine	144,575		439,125R	434,575	1297,575	
H21	Salzgitter-Bad	144,650		430,125			
H22	Seesen/Harz	145,525					
H23	Uelzen	145,325					
H24	Wolfsburg	145,550		439,050R			
H25	Stadthagen	145,525					
H27	Einbeck	145,400		433,500			
H28	Lüchow	144,725	145,600R	433,525	438,650R		
H29	Deister	145,425		430,425			
H30	Helmstedt	145,375	145,775R	434,375		1298,350R	
H31	Langenhagen	145,375					
H32	Lehrte	145,525		433,525			
H33	Salzgitter-Lebenstedt	145,400					
H34	Solling	145,575					
H35	Steinhuder-Meer	144,700		439,300R			
H36	Wolfenbüttel	145,350	145,500	433,350	439,225R		
H37	Wedemark	145,250					
H38	Leinetal			430,450			
H39	Marienburg	145,550		433,125			
H40	Barsinghausen	145,425					
H41	Eichsfeld/Duderstadt	145,375		438,575R			
H42	Garbsen	144,725					
H43	Soltau	145,250					
H44	Bad Pyrmont	145,2625		438,750R	434,975	1298,300R	
H45	Hannover-Nordost	144,775		434,775			029,075
H46	Braunschweig-Okeraue			438,675R		1298,625R	
H47	Laatzen	144,675		439,550			
H48	Hannover-Schwarzerbär	145,6125R		430,175			
H49	Hannover-Kirchrode	145,325		439,500			
H50	Südheide	145,475		439,275SMB			028,475
H51	Dransfeld	145,425					
H52	Rodetal	145,500					
H53	Göttingen-West	144,775		438,700R			
H54	Nord-Elm	145,475					
H55	Celle-Süd	145,475		439,275SMB			
H56	Aller-Leine-Tal	145,225					
H57	Rinteln	144,575		433,575			
H59	Braunschweig-Nordwest	145,575		433,575			
H60	Lengede	144,525					
H61	Neustadt a. Rübenberge	145,500					
H62	Hameln-West	144,775		433,400			
H63	Calenberg	145,450		430,200			29,650 FM
H64	Goslar-Nord	145,325		430,050			
H65	Hannover Hohes Ufer	145,350		439,450		1297,650	
H66	Braunsch.-Schuntertal	144,550		430,575			
	EFA Hannover	145,525		430,225			
	Uni-Hannover	145,225		434,225			
	FH Wolfenbüttel	145,350					
	AWG WOB-GF			439,325R			
Z01	Braunschweig						
Z08	Hannover						
Z35	Hildesheim	145,550				1297,575	
Z47	Göttingen	145,550		439,250SMB			
Z78	Holz Minden	145,500		439,425R			
Z84	Celle	145,475		439,275SMB			

DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Nordsee "I"</b>							Stand: 1/2008
I01	Ammerland	145,425					
I02	Harlingerland	145,775R	145,450				
I03	Wesermarsch	144,725				430,325	
I04	Bremen	145,625R				438,875R	
I05	Bremerhaven	145,450	145,600R			439,025R	
I06	Emden	145,500					
I07	Leer	145,700R					
I08	Lingen	145,550	145,225				
I09	Norden					438,700R	
I10	Norderney	145,500					
I11	Oldenburg	145,225				438,650R	
I12	Osnabrück	144,650				433,450	29,000
I13	Varel	145,575					
I14	Veegesack	145,550					
I15	Verden	144,550				439,150R	
I16	Wilhelmshaven	145,550				438,750R	
I17	Hoya	144,550					
I18	Delmenhorst	145,325					
I19	Rotenburg	145,400				439,150R	
I20	Vechta	144,725					
I21	Grafschaft Bentheim	144,550	145,775R				
I22	Wesermünde						
I23	Teufelsmoor	145,575				438,975R	1298,575R
I24	Teuto	144,775					
I25	Syke	145,525					
I26	Meppen	145,725R					
I27	Hansa	144,575					
I28	Grönegau	145,525				433,525	
I29	Nordenham	144,720					
I30	Aurich	145,225					
I31	Diepholz	145,575				430,100	1298,375R
I32	Rastede						
I33	Nordhorn	144,725					
I34	Schinkel	145,575					
I35	Cloppenburg	144,525					
I36	Bremervörde	145,350				439,175R	
I37	Dörenberg	144,675					
I38	Osning	144,775					
I39	Achim	145,225					
I40	Sulingen	144,775					
I41	Brinkum	144,825					
I42	Bersenbrück	145,250					
I43	Niedergrafschaft					439,200R	
I44	Weyhe	145,375					
I45	Worpswede	144,525				430,525	
I46	Hatten	145,575					
I47	Altkreis Wittlage	145,275	145,650R				
I48	Ahlhorn	144,575					
I49	Schortens-Jeverland					438,750R	
I50	Goldenstedt	145,575					
I51	Petersdorf					438,650R	1297,500
I52	Bramgau	145,225				433,775	
I53	Huchting	145,400					
I54	Fehngebiet	145,475					
I55	Hage	145,500					
I56	Unterweser	145,225	145,600R			439,025R	
I57	Papenburg	144,625				439,625	439,275R
I58	Wiesmoor	145,425				433,675	
Z02	Bremen						
Z31	Leer	145,700R					
Z36	Osnabrück	145,575					
Z43	Bremerhaven						
Z53	Oldenburg	144,775					
Z65	Norddeich						

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Rheinland-Pfalz "K"</b>					Stand:
K01	Ahrweiler	145,475			
K02	Diez	145,320			
K03	Idar-Oberstein	145,675R		438,850R	
K04	Bad-Kreuznach	144,525		433,475	
K05	Koblenz	145,725R			
K06	Ludwigshafen	145,325	145,700R		
K07	Mainz	144,550		439,300R	
K08	Neuwied	145,550	144,7625		
K09	Pirmasens	144,525	145,650R		
K10	Trier	145,320	145,525	434,500	439,175R
K11	Worms	145,375		430,375	
K12	Zweibrücken	144,725		439,100R	
K13	Neustadt/Weinstraße	144,550	145,700R		
K14	Landau	145,275		430,350	439,125R
K15	Bingen	145,225		434,025	
K16	Kaiserslautern	145,500			
K17	Speyer	144,725			
K18	Westerwald	144,725			
K19	Kirn/Nahe	145,550			
K20	Andernach	144,480			
K21	Alzey	145,475			
K22	Wasgau	145,5375		439,125R	
K23	Germersheim	145,550		430,550	
K24	Loreley	144,825	145,725R		
K25	Konz	145,550		434,500	439,175R
K26	Birkenfeld/Nahe	145,450	145,675R		
K27	Frankenthal	145,525		430,525	
K28	Hunsrück	145,500		435,500	
K29	Ingelheim	145,325		430,325	
K30	Linzer Höhe	145,575			
K31	Südeifel	145,575		439,150R	433,500
K32	Mittelrhein	144,550	145,725R		1297,500
K33	Nierstein-Oppenheim	145,275		430,075	
K34	Vulkaneifel	145,250			
K35	Schwarzbachtal	145,575		435,500	
K36	Obere Kyll	145,500		439,150R	434,000
K38	Schifferstadt	145,385			
K39	Landstuhl			439,050R	
K40	Kannenbäckerland	144,550			
K41	Sieg-Hellertal	145,475		430,475	
K42	Limburgerhof	145,425	145,700R		
K43	Vallendar	145,400			
K44	Dahn	145,525	144,175SSB		
K45	Cochem	145,250			
K46	Nieder-Olm	145,275	144,550	439,800	
K47	Mayen	145,225			
K48	Mittelmosel	145,425		439,150R	433,500
K49	Obere Nahe	145,525			
K50	Altenkirchen	145,425			
K51	Bitburg	144,525		439,150R	434,000
K52	Hochwald	145,525		439,150R	433,500
K53	Mainz-Lerchenberg	145,275		439,800	
K54	Donnersberg	145,5375			
K55	Untere Nahe	144,575		433,000	
K56	Bodenheim	145,260			
	Uni-Kaiserslautern	145,325			
Z11	Koblenz	145,425		435,000	
Z22	Neustadt/Weinstraße	144,550	145,700R		
Z74	Bad Kreuznach	144,525	145,325	439,1625R	
Z77	Mainz	145,525			

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Ruhrgebiet "L"</b>					Stand:
L01	Meiderich	144,875		430,575	
L02	Duisburg	145,525		430,050	
L03	Gladbeck	145,250		430,250	
L04	Emmerich	145,525		433,525	439,075R 1298,625R
L05	Essen	145,650R		433,500	439,075R
L06	Goch	145,375		433,375	
L07	Kamp-Lintfort	145,350		430,350	
L08	Holtien				
L09	Homberg	145,225			
L10	Essen-Nord	145,475		433,475	
L11	Essen-Haarzopf	145,335		433,450	439,075R
L12	Xanten	145,500			
L13	Bottrop-Eigen	145,550		432,775	
L14	Moers	144,650		433,475	
L15	Mühlheim	145,275		433,400	
L16	Duisburg-Huckingen	145,4625		433,025	
L17	Geldern	144,525		433,275	
L18	Oberhausen	145,575		431,925	
L19	Rees	145,550		433,575	
L20	Rheinhausen	145,375		433,375	
L21	Kevelar	145,325		433,325	
L22	Kirchhellen	145,550			
L23	Wesel	144,625		439,450	
L24	Vörde	145,400		430,150	
L26	Bottrop	145,550		432,775	
L29	Walsum	144,800		430,225	
L30	Dinslaken	145,425		430,300	
L31	Kleve	144,800		431,850	
Z40	Duisburg	144,525			
Z45	Essen	144,525			
Z63	Moers				
Z81	Niederrhein	144,575			

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Schleswig-Holstein "M"</b>					Stand: 6/2009
M01	Eckernförde	145,500		433,525	
M02	Eutin	145,275		433,025	
M03	Flensburg	145,600R		438,825R	
M04	Husum	145,350		433,350	
M05	Itzehoe	145,400		430,300	
M06	Kiel	145,425			
M07	Lütjenburg	145,350			
M08	Meldorf	145,550		433,350	
M09	Neumünster	144,725		434,550	028,444
M10	Grömitz	144,550		433,050	
M11	Preetz	145,525		433,525	
M12	Rendsburg	145,325			
M13	Schleswig	145,575		433,575	
M14	Bad Segeberg	145,500		438,750R	
M15	Süderbrarup	145,400			
M16	Nortorf	144,550		434,550	
M17	Heide	145,775R			
M18	Lensahn	144,510			
M19	Sylt	145,500			
M20	Heiligenhafen	145,320			
M21	Uetersen	145,425		430,100	
M22	Barmstedt	145,275		430,125	
M23	Plön	145,225			
M24	Norderschlei	144,525			
M25	Kiel-Ost	145,475			
M27	Elmshorn	144,575			
M28	Stapelholm-Kropper Geest	145,275			
M30	Eidertal	145,250		430,250	
M31	Kiel-Nord	145,375		430,100	
M32	Oeversee			430,150	
M33	Westensee	144,775			
M34	Fehmarn	145,225		439,025R	430,175
M35	Brunsbüttel	145,475		430,475	
Z10	Kiel				
Z71	Itzehoe	144,5625	145,400	430,400	
Z79	Flensburg				

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Westfalen-Nord "N"</b>					Stand:
N01	Bielefeld	144,575		430,550	
N02	Brackwede				
N03	Coesfeld	145,550			
N04	Detmold	145,425	430,200		
N05	Bad Driburg	144,775			
N06	Gelsenkirchen	144,850	438,5875R		
N07	Gütersloh	144,725	439,725		
N08	Herford	145,250	434,900		
N09	Höxter	145,375			
N10	Hilstrup	144,275			
N11	Lengerich	145,275	430,025		
N12	Minden	145,550	430,200	439,375R	1297,550
N13	Münster	145,700R			
N14	Paderborn	145,375	433,375		1297,375
N15	Büren	145,500	438,975R	430,450	1259,275R
N16	Rheine	145,425			
N17	Bocholt	144,7125	144,715	433,200	
N18	Recklinghausen	145,525	430,025		
N19	Marl	145,525			
N20	Herten	145,4375	432,650	439,075R	
N21	Waltrop	145,250	430,900		
N22	Wiehengebirge	145,325	145,650R	438,850R	
N23	Borken	144,925	431,350		
N24	Beverungen-Lauenförde		433,550		
N25	Neubeckum	144,7625	433,7625		
N26	Lemgo	145,275	430,150		
N27	Dorsten	144,725	430,725		
N28	Dülmen	145,500			
N29	Lüdinghausen	145,575			
N30	Bad Salzuflen	145,350	433,350		
N31	Baumberge	145,250	430,250		
N32	Münsterland	145,550			
N33	Greven-Emsdetten	145,525	430,525		
N34	Ahlen	144,525	433,525		
N35	Monasterium	145,325	433,525		
N36	Oer-Erkenschwick	145,475			
N37	Bielefeld-Sennestadt	145,225	430,225		
N38	Herlichkeit-Lembeck	144,565	433,575		
N39	Senden	145,450			
N40	Velen	145,475			
N41	Gronau	144,650	438,675R	433,525	
N42	Haltern	145,350	438,900R		
N43	Bünde	145,475	430,475		
N44	Telgte	145,2125	430,475		
N45	Lage	145,325	433,325		
N46	Nienberge	145,375	433,575	439,000R	
N47	Rheda-Wiedenbrück	144,725	433,000		
N48	Hiddenhausen	145,525	430,200		
N49	Ibbenbüren	144,575	433,575		
N50	Buer	144,550	431,850		1297,925
N51	Harsewinkel	144,725			
N52	Vlotho	145,450			
N53	Stadtlohn	145,450			
N54	Rhede	145,225			
N55	Borgentreich	145,275	430,275		1298,575R
N56	Warburg	145,450	433,450		1298,275
N57	Datteln	144,825			
N58	Oerlinghausen	145,225	430,225		
N59	Widukind	145,475	439,475		
N60	Salzkotten	145,550	434,4125		
N61	Paderborn-Elsen	145,375	433,925		
Z14	Münster	145,250	145,3375	439,000R	433,3375
Z34	Recklinghausen	145,525			
Z41	Bielefeld	145,525			
Z60	Coesfeld-Gronau				
Z80	Detmold				

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Westfalen-Süd O"</b>					Stand: 5/2009
O01	Altena	145,525		439,125R	
O02	Sundern	145,375			
O03	Belecke	145,450			
O04	Bochum	145,475		438,825R	
O05	Dortmund	145,375	145,7375R	438,650R	
O06	Schwerte	145,475			
O08	Hagen	145,400		433,425	
O09	Halver	145,375			
O10	Hamm	144,800		439,225R	
O11	Iserlohn	145,500			
O12	Kamen-Unna	144,575		433,575	1297,575
O13	Lippstadt	145,575		430,575	
O14	Lüdenscheid	145,225			28,400
O15	Lünen	145,475		430,475	
O16	Siegerland	145,650R		438,725R	28,430
O17	Soest	145,675		438,800R	
O18	Werdohl	145,525			
O19	Wetter	145,425		430,500	
O20	Witten	144,550		439,600	
O22	Castrop-Rauxel/Herne	145,400		430,525	
O23	Menden	145,3625		430,3625	
O24	Arnsberg	145,525			
O25	Plettenberg	145,475			
O26	Hattingen	144,775		430,050	
O27	Ennepetal	144,525		439,175R	430,175
O28	Lennestadt	145,250		434,000	
O29	Brilon	145,525			
O30	Meschede	145,500		438,875R	
O31	Volmetal	145,5875		439,200R	
O32	Schwelm	144,675		430,100	
O33	Wattenscheid	145,450		430,175	1298,600R
O34	Geseke	145,250		438,975R	
O35	Ruhr-Uni. Bochum	144,525		430,125	
O36	Hemer	145,500			
O37	Erwitte	145,575			
O38	Herne	144,575			
O39	Eder-Lahn	145,550		433,550	438,825R
O40	Bochum-Ost	144,800		438,825R	430,800
O41	Dortmund-Süd	145,200		438,650R	430,100
O42	Herscheid	145,550		433,550	
O43	Biggese	144,800			
O44	Winterberg	144,550		434,550	
O45	Dortmunder Schulen	145,330			
O46	Werne	145,425		430,425	
O47	Bergkamen			433,050	
O48	Herbede			430,075	
O49	Werl	144,675		433,825	
O51	Hagen-Süd				
O52	Dortmund-West	144,725		432,725	
O53	Marsberg	145,500			
O54	Dortmunder Hochschulen	144,650		438,650R	
O55	Uni Siegen	145,225			
Z03	Dortmund	145,725R			
Z38	Hagen				
Z92	Hochsauerland	145,450		438,875R	
Z93	Siegerland				



DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Württemberg "P"</b>							Stand:
P01	Backnang	144,625	144,575			1296,625	
P02	Esslingen	145,250		438,775R	433,250		
P03	Friedrichshafen	144,625	144,550 Jugend	430,100	439,125R		
P04	Heidenheim	145,225		439,200R			
P05	Heilbronn	145,550		438,650R		1298,275R	
P06	Ludwigsburg	145,325	145,600R	430,325			
P07	Reutlingen	145,550		438,950R			
P08	Nürtingen	145,225		430,225			
P09	Ravensburg	144,775		430,350		1297,775	
P10	Rottweil	144,625		430,100			
P11	Stuttgart	145,750R		438,700R		1258,150R	
P12	Tübingen	145,400		433,400	439,100R		
P13	Tuttlingen	145,475		439,125R			
P14	Ulm	145,350	145,675R	433,350			
P15	Mühlacker-Vaihingen/Enz	145,475		430,475			
P16	Wangen	144,575		430,900			
P17	Göppingen	144,775					
P18	Herrenberg	145,425		430,225	438,975R		
P19	Freudenstadt	145,2625		433,975			
P20	Schwäbisch-Hall	145,250					
P21	Biberach	145,500		438,725R			
P22	Aalen	145,500		439,200R			
P23	Schwäbisch-Gmünd	145,525		430,525		1298,350R	
P24	Leonberg	144,525		430,525			
P25	Crailsheim	145,250		438,800R			
P26	Böblingen	145,525		430,125		1259,275R	
P27	Schramberg	144,825		439,075R	433,500		
P28	Bopfingen	145,550		438,925R			
P29	Sigmaringen	144,575					
P30	Balingen	145,275					
P31	Ermstal	145,450		433,925			
P32	Nordschwarzwald	144,725					
P33	Hohenlohe	145,425	145,500	439,350R	434,425		
P34	Albstadt	145,325		430,325			
P35	Kirchheim	145,2875		430,275			
P36	Sulz am Neckar	145,3625		430,350			
P37	Waiblingen	144,725		438,750R			
P38	Geislingen	144,825		434,475			
P39	Ulm-West	145,675R		438,900R			
P40	Unterland	145,575					
P41	Hohenstaufen	145,325		430,325			
P42	Sindelfingen	145,525		430,525		1259,275R	
P43	Donau-Bussen	145,425		438,725R	434,425	1298,425R	
P44	Messstetten	145,450					
P45	Prیتال	144,525		439,075R			
P46	Schussental	145,250		438,8125R			
P47	Wendlingen	145,350		433,350			
P48	Filderstadt	145,375		433,500			
P49	Laupheim	145,400		433,450			
P50	Möckmühl	145,350					
P51	Stromberg	145,400		439,425R			
P52	Hohenzollern	145,250		439,075R			
P53	Laichingen	144,575		430,575			
P54	Leinfelden-Echterdingen	144,8375		430,650			
P55	Schwieberdingen	145,3625		430,350			
P56	Taubertal-Mitte	145,450	145,500	439,000R	433,500		
P57	Ertingen	145,425		434,800		1298,425R	
P58	Altensteig	145,625R					
P59	Bitz	144,550					
P60	Achalm	145,475		438,950R			
P61	Hohenasperg	145,225					
Z17	Stuttgart			439,425R	438,700R		
Z18	Friedrichshafen						
Z46	Göppingen	144,6375					
Z48	Rottweil	144,825		439,075R			
Z49	Ravensburg	145,250					
Z55	Reutlingen	144,825					
Z58	Schwäbisch-Hall	145,250					
Z66	Freudenstadt	145,3625		439,075R			
Z68	Ulm	145,350		430,350			

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Saar "Q"</b>					Stand:
Q01	Saarbrücken	145,450			1298,400R
Q02	St.Ingbert	145,550			
Q03	Neunkirchen	145,250		433,250	
Q04	Merzig	145,625R		433,200	
Q05	Völklingen	145,525		438,650R	
Q06	Schmelz	145,350			
Q07	Homburg	145,350		433,425	1258,600R
Q08	Sulzbachtal	145,400			
Q09	Saarlouis	145,275			
Q10	St.Wendel	144,800			
Q11	Südsaar	145,3125		434,750	
Q12	Beckingen	145,575			
Q13	Illingen	145,325			
Q14	Mandelbachtal				
Q15	Lebach	144,800			
Q16	Überherrn	145,475			
Q17	Blieskastel	144,500			
Q18	Wiesbach	145,600R			
Q19	Bergweiler	144,530			
Q20	Merchweiler	145,225			
Q21	Wadern	144,550			
Z19	Saarbrücken	145,300			

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Nordrhein "R"</b>					Stand:
R01	Düsseldorf	145,475		439,475	
R02	Grenzland	144,600			
R03	Heiligenhaus	144,550		439,500	
R04	Hilden	144,725		430,300	1297,725
R05	Kempen	144,575		433,425	
R06	Krefeld	145,200		439,575	
R07	Langenberg	145,425		430,425	1241,425
R08	Langenfeld	144,660		430,100	
R09	Neandertal	144,6125		430,225	
R10	Mönchengladbach-Rheydt			434,700	
R11	Neuss	145,400		439,525	
R12	Ratingen	144,775		439,775	
R13	Remscheid	145,260		430,525	
R14	Solingen	145,450		430,450	
R15	Velbert	145,325		430,325	
R16	Wuppertal	145,225		433,425	
R17	Willich	144,785			
R18	Grevenbroich	145,275		430,275	
R19	Wermelskirchen	144,650		430,300	
R20	Meerbusch	145,235			
R21	Korschenbroich				
R22	Düsseldorf-Lohausen	145,475		439,475	
R23	Düsseldorf-Süd	144,360		430,375	
R24	Haan	144,550			
R25	Leichlingen	144,550			
R26	Düsseldorf-Werstein	145,350		430,350	
R27	Nettetal	144,515			
R28	Uerdingen				
R29	Wülfrath	144,535		430,535	
R30	Reuschenberg			438,800R	
R31	Kaarst	145,5625		439,450	
R32	Vollrath Höhe	144,2125		430,2125	
R33	Schiefbach (Willich)			434,975	1298,475R
Z04	Düsseldorf	144,525			
Z39	Wuppertal	144,525			
Z59	Schaephuysen	145,250			

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Sachsen "S"</b>					Stand:
S01	Saxonia Dresden	144,5375	145,675R		
S02	Riesa	145,575	145,675R		
S03	Liebstadt	144,720	145,675R		
S04	Löbau	145,425			
S05	Dresden-Nord	144,575			
S06	Dresden-Land	144,725	144,800 145,425	438,875R	
S07	TU Dresden	145,675R	145,275	438,875R	430,275
S08	Görlitz	145,600R		439,400R	
S09	Dresden-Niedersedlitz	145,525			
S10	Sächsische Schweiz	144,550			
S12	Sohland	145,475	145,625R		
S13	Messelektronik Dresden	144,775	145,675R	438,875R	1297,500
S14	Glashütte	145,300			
S15	Neustadt/Sa.	145,575			
S16	Bautzen	145,500			
S18	Großenhain	145,450	145,675R 145,700R		
S19	Klingenberg	145,475		438,675R	438,875R
S20	Dresden-Reick	145,475			
S21	Westlausitz	145,425	145,675R 145,625R		
S22	Kamenz	144,775			
S24	Zittau	145,500	145,625R 145,725R	439,100R	
S25	Bautzen-Land	144,9125		434,000	
S26	Stolpen	145,525			
S27	Freital	145,425	145,675R	430,425	
S28	Weisswasser	145,300			
S29	Hoyerswerda	145,350		430,500	
S30	HTWK Leipzig	145,775R		439,350R	
S31	Leipzig	144,725	145,775R		
S32	Grimma	144,7875	145,775R		
S33	Zschopautal	145,500	144,750		
S34	Borsdorf	145,275		438,925R	
S35	Kohrener Land	145,575	145,775R		
S36	Eilenburg	145,450		433,450	
S37	Leipzig-Plagwitz	144,550	145,775R	433,550	439,350R
S38	Pegau	145,575			
S40	Oschatz	145,575		438,675R	
S41	Schkeuditz	144,585	145,775R 145,750R		
S42	Borna	144,7625		434,450	
S43	Chemnitz-West	145,325	145,625R		
S44	Mittweida	145,450	145,625R		
S45	Aue-Schwarzenberg	144,775	144,7375	438,950R	
S46	Werdau	145,475		433,475	
S47	Chemnitz 2	144,800		438,700R	
S48	Annaberg	145,275	145,625R		
S49	Olbernhau	145,525	145,625R	439,975	
S50	Burgstädt	145,250			
S51	Oelsnitz	145,575			
S52	Callenberg	145,250	145,625R		
S53	Plauen	145,300		433,500	
S54	Chemnitz-Süd	145,475		438,700R	
S55	Freiberg	145,225		439,025R	
S56	Auerbach	145,550			
S57	Glauchau-Meerane	145,250	145,275	430,150	438,150
S58	Hohenstein	145,350			
S59	Limbach-Oberfrohna	145,300		433,050	
S60	Zwickau	145,500		439,050R	
S62	Klingenthal	145,550			
S63	Stollberg	145,400			
S64	Wolkenstein				
S65	Schönau	145,500	145,400	439,050R	
S69	Torgau	145,500	145,750R		
S70	Brand-Erbisdorf	144,675		430,225	
Z91	Collmburg	145,700R		438,675R	1242,700R

DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Schwaben "T"</b>							Stand: 10/2006
T01	Augsburg	145,2625	145,6375R	438,675R			
T02	Günzburg	145,425		430,425			
T03	Kaufbeuren	145,500	145,525	439,400R	433,500	1297,500	
T04	Kempten	145,375					
T05	Krumbach	145,350		433,550			
T06	Lechfeld	145,450					
T07	Memmingen	145,325		433,325			
T08	Neuburg/Donau	144,725		439,150R	434,725		
T09	Nördlingen	145,525					
T10	Ottobeuren	144,775		430,625			028,350
T11	Pfronten-Füssen	145,400				1298,525R	
T12	Sonthofen-Oberallgäu	144,725		439,000R			
T13	Lindau-Westallgäu	145,475		439,375R		1270,650	029,199
T14	Marktoberdorf	145,275					
T15	Illertissen	145,475		433,475			
T16	Illertal	145,250					028,990
T17	Gersthofen	145,325					
T18	Donauried	145,450	145,725R				
T19	Friedberg	144,600					
T20	Schmuttertal	145,285		430,285			
T21	Donauwörth	145,2375		433,525		1298,300R	
Z30	Augsburg	145,250		430,150		1297,500	

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Bayern-Ost "U"</b>					Stand: 10/2006
U01	Amberg	145,500		438,875R	
U02	Bayerwald	145,475		439,225R	
U03	Cham	145,375	145,675R	438,925R	
U04	Deggendorf	145,525	145,700R	439,050R	
U05	Greding	145,3625		433,350	1297,550
U06	Griesbach	145,325		433,625	
U07	Landau a.d. Isar	145,700R		439,050R	
U08	Landshut	145,500		439,375R	
U09	Naabtal	145,425			
U10	Neumarkt	145,525		430,525	
U11	Passau	145,525		438,675R	
U12	Rottal/Inn	144,550			
U13	Regensburg	145,750R		438,900R	1298,275R
U14	Straubing	145,425	145,675R		
U15	Sulzbach-Rosenberg	145,500			
U16	Freyung	145,225		439,400R	1297,500
U17	Weiden	145,7125R		432,750	1298,500R
U18	Schwandorf	145,500			
U19	Wegscheid	145,350		430,350	
U20	Oberpfälzerwald	145,500		438,975R	
U21	Parsberg	144,775		439,325R	
U22	Altdorf	145,250 mit Rufton			
U23	Stiftland			439,075R	
U24	Neustadt/Donau	145,325			
U25	Vilsbiburg	145,275		430,500	
U26	Kötzting	145,250		433,250	
U27	Städtedreieck	145,500			
U28	Waldkirchen	144,750		439,400R	
U29	Regenstauf	145,375		438,900R	1298,275R
U30	Pocking	145,400			
Z16	Regensburg	145,250			1298,275R
Z44	Passau				
Z64	Weiden			432,750	1298,500R
Z76	Landshut				

DOK	Ortsverband	VHF		UHF		SHF	Notizen
<b>Distrikt Mecklenburg-Vorpommern "V"</b>							Stand:
V01	Rostock-Süd	145,525	145,750R	430,550	438,800R		
V02	Rostock-Mitte	145,550					
V03	Stralsund	145,425		430,425	433,425		
V04	Ribnitz-Damgarten	145,400					
V05	Rostock-Nord	145,750R					
V06	Bad Doberan	145,500					
V07	Warnemünde/Elmenhorst	145,475		438,800R			
V08	Rügen	145,500	145,475	438,775R			
V10	Grevesmühlen	145,425					
V11	Greifswald	145,675R					
V12	Barth-Marlow	144,875		439,9625	438,800R		
V13	Wismar	145,475					
V14	Schwerin	145,650R	144,800	433,800	438,950R		
V15	Güstrow	145,300		439,200R			
V16	Grabow			438,875R			
V17	Goldberg						
V18	Plau	145,525					
V19	Hagenow	145,375					
V20	Bützow	145,375					
V22	Neubrandenburg	145,525		438,750R			
V23	Stavenhagen	145,625R					
V24	Loitz	145,550					
V25	Ueckermünde	145,575					
V26	Neustrelitz	145,550	145,575 145,625R	438,675R			
V27	Pasewalk	145,500		430,450		1296,200SSB	
V28	Ludwigslust	145,250		433,250			
V29	Parchim	145,500	145,450	433,450			
V30	Wolgast	145,350		430,350	438,650R		
Z87	Schwerin	145,575					
Z89	Rostock	145,525		430,550			

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Sachsen-Anhalt "W"</b>					Stand: 1/2008
W01	Burg			433,500	
W02	Halberstadt	145,550			
W03	Gardelegen	145,500			
W04	Tangermünde	145,500			
W05	Magdeburg-Nord	144,550	145,500		
W06	Stendal	145,275			
W07	Zerbst/Anhalt	145,500			
W08	Stassfurt	144,725			
W09	Wernigerode	145,225		439,325R	
W10	Magdeburg-Süd	145,500			
W11	Tangerhütte	145,550			
W12	Oschersleben	145,575			
W13	Salzwedel	144,800	145,500		
W14	Salzland Staßfurt	145,250			
W15	Haldensleben	145,575			
W16	<i>aufgelöst (Leuna)</i>				
W17	Zeitz	144,775			
W18	Dessau	145,525		430,100	
W19	Halle	145,475			
W20	Quedlinburg	145,275			028,345
W21	Merseburg	145,300			
W22	ZAB Dessau	145,525		438,750R	
W23	Bernburg	145,425			
W24	Halle-Neustadt	145,325			
W25	Bad Dürrenberg	145,550			
W26	Mansfeld	144,775			
W27	Bitterfeld	145,575			
W28	Wolfen	144,675		439,075R	
W29	Wittenberg	144,775		439,200R	
W30	Gräfenhainichen	144,525		433,200	
W31	Naumburg	145,500	145,575		
W32	Molmerswende-Harzgerode	144,575			
W33	Ballenstedt	145,400			
W34	Wießenfels	145,275			
W35	Uni Halle-Wittenberg	145,375			
W36	Schönebeck	145,225			
W37	Wolmirstedt	145,450			
W38	Saalkreis-Ost				
Z85	Magdeburg				



DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Thüringen "X"</b>					Stand: 2/2005
X01	Rossleben	145,550			
X02	Mühlhausen	145,275		433,275	
X03	Weimar	145,300			
X04	Erfurt 1	144,800		433,800	
X05	Sondershausen	145,500		434,775	
X06	Sömmerda	145,375			
X07	Nordhausen	145,375	145,500		
X08	Wipper/Helme	144,775			
X09	Erfurt-Stadt	144,625			
X10	Arnstadt	145,575			
X11	Eisenach	145,500		439,200R	
X12	Heiligenstadt-Eichsfeld	145,400		433,400	
X13	Südharz	144,775			
X14	Obereichsfeld/Worbis	145,350		433,315	
X15	Apolda	145,225			
X16	Drei Gleichen	145,525			
X17	Gotha	145,550		433,550	
X18	Erfurt 2	145,450			
X19	Mittleres Ilmtal	144,725			
X20	Gera	144,575	145,500	433,525	438,850R
X21	Pössneck	144,725	145,250		
X22	Jena	145,550			
X23	Lobenstein-Schleiz	145,500			
X24	Rudolstadt	145,275		439,475	
X25	Hermisdorf	145,500	144,825 144,775		
X26	Saalfeld	145,450	145,275		
X27	Zeulenroda	145,425			
X28	Greiz	145,325	145,550		
X29	Sonneberg	145,575	145,425	439,175R	
X30	Ilmenau	145,425		433,525	
X31	Suhl/Zella-Mehlis	145,7625R			
X32	Schmalkalden	144,380SSB	145,400		
X33	Hildburghausen	145,500	145,325		
X34	TU Ilmenau	144,765			
X35	Neuhaus am Rennweg	144,800			
X36	Bad Salzungen	145,200		439,200R	
X37	Meiningen	145,575		433,575	
X38	Oberweißbach	144,550		439,500	
X39	Altenburg	145,350			
X40	Altenburger Land	145,575		433,575	
X41	Schmölln	145,500			
X42	Kahla	145,300			
X43	Rennsteig	145,500	144,7125	438,825R	
X44	Fahner Höhe	145,475			
X45	Osterland	145,550		430,200	
Z83	Erfurt	145,475		439,375R	
Z88	Gera	145,500			
Z90	Suhl				

DOK	Ortsverband	VHF	UHF	SHF	Notizen
<b>Distrikt Brandenburg "Y"</b>					Stand: 11/2009
Y01	Uckermark	145,325			
Y02	Oranienburg	145,475			
Y03	Wittstock-Pritzwalk	145,7375R			
Y04	Premnitz	145,475			
Y05	Ludwigsfelde	145,500			
Y06	Brandenburg	145,7875R			
Y07	Königs-Wusterhausen	144,675			
Y08	Nauen			439,400R	
Y09	Potsdam	145,675R	144,700		
Y10	Neuruppin	144,715			
Y11	Teltow	145,675R			
Y12	Rathenow	145,325			
Y13	Eisenhüttenstadt	145,500	145,775R		
Y14	Bernau	144,575			
Y15	Spreeaue	145,525			
Y16	Angermünde			439,150R	
Y17	Neuenhagen	145,425			
Y18	Fürstenwalde	145,500	145,775R		
Y19	Schwedt	145,350		439,800	
Y20	Biesenthal	145,475			
Y21	Strausberg	145,300			
Y22	Frankfurt/Oder			438,650R	
Y24	Cottbus	145,450	145,4625		
Y25	Senftenberg	145,225			
Y26	Guben	145,550			
Y27	Forst/Lausitz	145,575			
Y28	Spreewald			438,975R	
Y30	Spremberg	145,275			
Y33	Neissestadt Forst/Lausitz	145,375			
Y34	Blankenfelde-Zossen	145,475			
Y35	Luckenwalde	145,350			
Y36	Eberswalde-Finow	145,500			
Y37	Jessen-Herzberg	145,525			
Y38	Finsterwalde	145,275			
Y39	Schwarzheide	145,250			
Y40	Prignitz	145,575			
Y41	Havelland	145,3125		438,700R	
Y42	Barnim	145,450			
Y43	Elbe-Elster			438,900R	
Z86	Frankfurt/Oder	145,450			
Z94	Havelland				