Vereinfachter Kurzwellen-Bandplan für DL

unter Berücksichtigung der AFuV und des IARU-Region 1-Bandplans, Stand: Okt. 2026



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Versions-Nr.: v3

Band / Frequenz (kHz); (S) = sekundär; (P) = primär; (KP) = ko-primär		max. Bandbreite (Hz) AFuV	IARU #	Mode IARU (bevorzugt)	max. Sendeleistung Klasse A	Klasse E	Klasse N
2200 Meter							
135,7 - 137,8 (S)		800	200	CW DATA	1 W ERP		
600 Meter							
472 - 475 (S)		800	200	CW	1 W ERP		
475 - 479 (S)		800	500	CW DATA	"		
160 Meter							
1810 - 1838 (P)	*1836 CW QRP*	2700	200	CW	750 W PEP	100 W PEP	
1838 - 1840 (P)		2700	500	CW DATA	"	"	
1840 - 1850 (P)		2700	2700	ALL	"	"	
1850 - 1890 (S)		2700	2700	ALL	75 W PEP§	75 W PEP§	
1890 - 2000 (S)		2700	2700	ALL	10 W PEP§	10 W PEP§	
80 Meter							
3500 - 3570 (KP)	*3555 CW QRS / 3560 CW QRP*	2700	200	CW	750 W PEP	100 W PEP	
3570 - 3580 (KP)		2700	200	CW DATA	"	"	
3580 - 3600 (KP)		2700	500	CW DATA	"	"	
3600 - 3800 (KP)	*3690 SSB QRP / 3643 (DL) / 3760 (R1) SSB EMCOMM*	2700	2700	ALL	"	"	
60 Meter							
5351,5 - 5354,0 (S)		2700	200	CW DATA	9,14 W ERP		
5354,0 - 5366,0 (S)		2700	2700	ALL	"		
5366,0 - 5366,5 (S)		2700	20	WS	"		
40 Meter							
7000 - 7040 (P)	*7030 CW QRP*	2700	200	CW	750 W PEP		
7040 - 7050 (P)		2700	500	CW DATA	"		
7050 - 7200 (P)	*7090 SSB QRP / 7110 (DL/R1) SSB EMCOMM*	2700	2700	ALL	"		
30 Meter							
10100 - 10130 (S)	*10116 CW QRP*	800	200	CW	150 W PEP		
10130 - 10150 (S)		800	500	CW DATA	"		
20 Meter							
14000 - 14070 (P)	*14055 CW QRS / 14060 CW QRP*	2700	200	CW	750 W PEP		
14070 - 14099 (P)		2700	500	CW DATA	"		
14099 - 14101		2700	/	IBP	/		
14101 - 14350 (P)	*14285 SSB QRP / 14300 (DL/R1) SSB EMCOMM*	2700	2700	ALL	"		
17 Meter							
18068 - 18095 (P)	*18086 CW QRP*	2700	200	CW	750 W PEP		
18095 - 18109 (P)		2700	500	CW DATA	"		
18109 - 18111		2700	/	IBP	/		
18111 - 18168 (P)	*18130 SSB QRP / 18160 (DL/R1) SSB EMCOMM*	2700	2700	ALL	750 W PEP		
15 Meter							
21000 - 21070 (P)	*21055 CW QRS / 21060 CW QRP*	2700	200	CW	750 W PEP	100 W PEP	
21070 - 21110 (P)		2700	500	CW DATA	"	"	
21110 - 21120 (P)		2700	2700	CW DATA*	"	"	
21120 - 21149 (P)		2700	500	CW DATA	"	"	
21149 - 21151		2700	/	IBP	/	/	
21151 - 21450 (P)	*21285 SSB QRP / 21360 (DL/R1) SSB EMCOMM*	2700	2700	ALL	750 W PEP	100 W PEP	
12 Meter							
24890 - 24915 (P)	*24906 CW QRP*	2700	200	CW	750 W PEP		
24915 - 24929 (P)		2700	500	CW DATA	"		
24929 - 24931		2700	/	IBP	/		
24931 - 24990 (P)	*24950 SSB QRP*	2700	2700	ALL	750 W PEP		
10 Meter							
28000 - 28070 (P)	*28055 CW QRS / 28060 CW QRP*	7000	200	CW	750 W PEP	100 W PEP	10 W ERP
28070 - 28190 (P)		7000	500	CW DATA	"	"	"
28190 - 28225		7000	/	IBP	/	/	/
28225 - 28300 (P)		7000	2700	BAKEN	750 W PEP	100 W PEP	10 W ERP
28300 - 29000 (P)	*28360 SSB QRP*	7000	2700	ALL	"	"	"
29000 - 29300 (P)		40k	(ohne)	ALL**	"	"	"
29300 - 29510 (P)		40k	(ohne)	SATELLIT	"	"	"
29510 - 29520		40k	/	Schutzkanal	/	/	/
29520 - 29700 (P)	*29520 - 29590* *FM Relais Eingabe*	40k	10k	ALL	750 W PEP	100 W PEP	10 W ERP
"	*29600* *FM Anruf*	40k	10k	ALL	"	"	"
"	*29610* *FM Simplex*	40k	10k	ALL	"	"	"
"	*29620 - 29690* *FM Relais Ausgabe*	40k	10k	ALL	"	"	"

Legende

#	empfohlen
§	Vgl. AFuV Anl. 1, B 15
*	kein SSB
**	üblich ist AM/FM Simplex
ALL	Alle Modi - CW DATA FONE
CW	Morsetelegrafie
DATA	Digimode
FONE	Sprache
WS	Weak Signal (Schwachsignal-Modi)
IBP	Int. Bakenprojekt (exkl.)
EMCOMM	Notfunk
R1	IARU Region 1

Contestbereiche (bevorzugt)

3510-3560 CW
3600-3650 CW
3700-3775 SSB
3775-3800 SSB Interkontinental

7060-7100 SSB
7130-7175 SSB
7175-7200 SSB Interkontinental

14000-14060 CW
14125-14300 SSB

Quellen

Amateurfunkverordnung (AFuV) Anlage 1, BGBl. 2024 I Nr. 175, S. 1 – 4, https://www.gesetze-im-internet.de/afuv_2005/anlage_1.html

Kurzwellenbandplan der IARU Region 1, https://www.iaru-r1.org/wp-content/uploads/2021/06/hf_r1_bandplan.pdf