

	FREQUENCY SEGMENT (kHz)	MAX BANDWIDTH (Hz)	PREFERRED MODE AND USAGE	
	135.7 - 137,8	200	CW	CW, QRSS, narrow band digital modes
1.8 MHz	1810 - 1838	200	CW	
	1838 - 1840	500	Narrow band modes	1836 kHz - CW QRP Centre of Activity
	1840 - 1843	2700	All modes	Digimodes
	1843 - 2000	2700	All modes, (1)	
3.5 MHz	3500 - 3510	200	CW	Priority for intercontinental operation
	3510 - 3560	200	CW	CW contest preferred 3555 kHz - CW QRS Centre of Activity
	3560 - 3580	200	CW	3560 kHz - CW QRP Centre of Activity
	3580 - 3590	500	Narrow band modes	Digimodes
	3590 - 3600	500	Narrow band modes	Digimodes, automatically controlled data stations (unattended)
	3600 - 3620	2700	All modes, (1)	Digimodes, automatically controlled data stations (unattended)
	3600 - 3650	2700	All modes	SSB contest preferred 3630 kHz - Digital Voice Centre of Activity
	3650 - 3700	2700	All modes	3690 kHz - SSB QRP Centre of Activity
	3700 - 3800	2700	All modes	SSB contest preferred 3735 kHz - Image Centre of Activity 3760 kHz - Region 1 Emergency Centre of Activity
3775 - 3800	2700	All modes	Priority for intercontinental operation	
7 MHz	7000 - 7025	200	CW	CW contest preferred
	7025 - 7040	200	CW	7030 kHz - CW, QRP Centre of Activity
	7040 - 7047	500	Narrow band modes	Digimodes
	7047 - 7050	500	Narrow band modes	Digimodes, automatically controlled stations (unattended)
	7050 - 7053	2700	All modes, (1)	Digimodes, automatically controlled data stations (unattended)
	7053 - 7060	2700	All modes	Digimodes
	7060 - 7100	2700	All modes	SSB contest preferred 7070 kHz - Digital Voice Centre of Activity 7090 kHz - SSB QRP Centre of Activity
	7100 - 7130	2700	All modes	7110 kHz - Region 1 Emergency Centre
	7130 - 7200	2700	All modes	SSB contest preferred 7165 kHz - Image Centre of Activity
	7175 - 7200	2700	All modes	Priority for intercontinental Activity
10 MHz	10100 - 10140	200	CW	10116 kHz - CW QRP Centre of Activity
	10140 - 10150	500	Narrow band modes	Digimodes
14 MHz	14000 - 14060	200	CW	CW contest preferred 14055 kHz - QRS Centre of Activity
	14060 - 14070	200	CW	CW QRP Centre of Activity 14060 kHz
	14070 - 14089	500	Narrow band modes	Digimodes
	14089 - 14099	500	Narrow band modes	Digimodes, automatically controlled data stations (unattended)
	14099 - 14101		International Beacon Project	Beacons exclusively
	14101 - 14112	2700	All modes	Digimodes, automatically controlled data stations (unattended)
	14112 - 14125	2700	All modes	
	14125 - 14300	2700	All modes	SSB contest preferred 14130 kHz - Digital Voice Centre of Activity 14195 +/- 5 kHz - Priority for DX-peditions 14230 kHz - Image Centre of Activity 14285 kHz - SSB QRP Centre of Activity
	14300 - 14350	2700	All modes	14300 kHz - Global Emergency Centre of Activity
18 MHz	18068 - 18095	200	CW	18086 kHz - CW QRP Centre of Activity
	18095 - 18105	500	Narrow band modes	Digimodes
	18105 - 18109	500	Narrow band modes	Digimode, automatically controlled data stations (unattended)
	18109 - 18111		International Beacon Project	Beacons exclusively
	18111 - 18120	2700	All modes	Digimode, automatically controlled data stations (unattended)
	18120 - 18168	2700	All modes	18130 kHz - Centre of Activity SSB QRP
	21 MHz	21000 - 21070	200	CW
21070 - 21090		500	Narrow band modes	Digimode
21090 - 21110		500	Narrow band modes	Digimodes, automatically controlled data stations (unattended)
21110 - 21120		2700	All modes	Digimodes, automatically controlled data stations (unattended), (not SSB)
21120 - 21149		500	Narrow band modes	
21149 - 21151			International Beacon Project	Beacons exclusively
21151 - 21450		2700	All modes	21180 kHz - Digital Voice Centre of Activity 21285 kHz - SSB QRP Centre of Activity 21340 kHz - Image Centre of Activity 21360 kHz - Global Emergency Centre of Activity
24 MHz	24890 - 24915	200	CW	24906 kHz - CW QRP Centre of Activity
	24915 - 24925	500	Narrow band modes	
	24925 - 24929	500	Narrow band modes	Digimodes, automatically controlled data stations (unattended)
	24929 - 24931		International Beacon Project	Beacons exclusively
	24931 - 24940	2700	All modes	Digimodes, automatically controlled data stations (unattended)
	24940 - 24990	2700	All modes	24950 kHz - Centre of Activity SSB QRP 24960 kHz - Digital Voice Centre of Activity
28 MHz	28000 - 28070	200	CW	28055 kHz - QRS Centre of Activity 28060 kHz - QRP Centre of Activity
	28070 - 28120	500	Narrow band modes	Digimodes
	28120 - 28150	500	Narrow band modes	Digimodes, automatically controlled data stations (unattended)
	28150 - 28190	500	Narrow band modes	
	28190 - 28199		International Beacon Project	Regional time shared beacons, exclusively
	28199 - 28201		International Beacon Project	Worldwide time shared beacons, exclusively
	28201 - 28225		International Beacon Project	Continuous duty beacons, exclusively
	28225 - 28300	2700	All modes	Beacons
	28300 - 28320	2700	All modes	Digimodes, automatically controlled data stations (unattended)
	28320 - 29200	2700	All modes	28330 kHz - Digital Voice Centre of Activity 28360 kHz - SSB QRP Centre of Activity 28680 kHz - Image Centre of Activity
	29200 - 29300	6000	All modes	Digimodes, automatically controlled data stations (unattended)
	29300 - 29510	6000	Satellite-Downlink	
	29510 - 29520		Guard Channel	
	29520 - 29550	6000	All modes	FM simplex - 10 kHz channels
	29560 - 29590	6000	All modes	FM-Repeater input (RH1-RH4)
	29600	6000	All modes	FM Calling channel
	29610 - 29650	6000	All modes	FM simplex - 10 kHz channels
29660 - 29700	6000	All modes	FM-Repeater output (RH1-RH4)	

DEFINITIONS

All modes

Narrow band modes

Digimode

Image mode

(1)

Sideband usage

Activity, plus AM (consideration should be given to adjacent channel users)

All modes up to 500 Hz bandwidth, including CW, RTTY, PSK, etc.

Any digital mode within the relevant bandwidth, like RTTY, PSK, etc.

Any analogue or digital image mode within the appropriate bandwidth, e.g. SSTV and FAX

Lowest dial setting for LSB: 1843, 3603, 7053 kHz

Below 10 Mhz use lower sideband (LSB), above 10 MHz use upper sideband (USB)